

PROVOKED TO PRAYER & PRAISE

Psalm 28 // June 1, 2025 AM

I. Our King gives vent to *pain-provoked prayer* (vv. 1-5).

II. Our King gives vent to *prayer-provoked praise* (vv. 6-9).

QUESTIONS FOR FAMILY WORSHIP

1. What is lament? Why do we need it?
2. Why does David liken God to a rock? In what ways is God like a rock, and in what ways is He not like a rock?
3. Where does David lift his hands in prayer? Why does he do this? Where should we lift our hands in prayer?
4. Why should Christians desire future judgment? How is judgment day a comfort for those who are in Christ?
5. Why does David begin blessing the Lord in v. 6? Have his circumstances changed? If not, what has changed?
6. What does this prayer teach us about the relationship between David and his people? What does it teach us about the relationship between Christ and His people?
7. Why does David pray for God to carry His sheep? When do sheep need to be carried, and why should this picture be an encouragement to us?

QUESTIONS FOR PRIVATE REFLECTION

1. Am I at home in lament, or is mine a religion of the stiff-upper-lip?
2. Do I agree that a rejection of lament “undermines the plausibility of the Christian faith”? Why, or why not?
3. Meditate on v. 9. What comfort and confidence does this give knowing Jesus is praying this for His church even now?