

"REJOICE, YOU ARE ANTIFRAGILE!"

James 1:2-4 // July 27, 2025 PM

I. Exilic faith *encounters* trials *with gladness* (v. 2).

II. Exilic faith *endures* trials *unto godliness* (vv. 3-4).

QUESTIONS FOR FAMILY WORSHIP

1. What is "antifragility"? Can you give an illustration from the physical world? How does it apply to us spiritually?
2. Why doesn't James comfort these suffering Christians? Is he being a bad pastor when the first thing out of his mouth is a command about being joyful in trials?
3. What does it mean to "count it all joy"? Does this mean we can't be sorrowful or grieve when suffering? Can we complain and covet while still keeping this command?
4. Do we take joy in the trials themselves? If not, what is the relationship between our trials and our rejoicing?
5. How do trials prove the genuineness of our faith?
6. What does James tell us that suffering produces in us when it is responded to in faith?
7. How is Jesus the greatest example to us of being made perfect through suffering? What can we expect as we follow in His steps?

QUESTIONS FOR PRIVATE REFLECTION

1. Have I given due consideration to the antifragility of my soul? How does this change my mentality toward trials?
2. Can I give an example of a time that God has used a trial to purify my faith, grow me in steadfast endurance, and make me more like Jesus? Why is it hard to see this in the moment but fairly easy to see after the fact?
3. Do I often complain or covet? How does James' teaching challenge me at this point, and what does real repentance look like?