

SECURE IN THE FATHER'S HAND
Psalm 31 // October 5, 2025 AM

Follow your suffering King by entrusting yourself into God's fatherly hand.

I. "You hold my *frame*" (vv. 1-10).

II. "You hold my *future*" (vv. 11-24).

QUESTIONS FOR FAMILY WORSHIP

1. What illustration did Pastor Nick begin and end his sermon with to show us how weak and dependent upon the Lord we truly are?
2. Can true safety be found anywhere in this world? If not, where can it be found?
3. What was happening to David when he wrote this psalm?
4. What did David commit to God (v. 5)? What do Jesus' final words on the cross in Luke 23:46 teach us about how we should read this psalm?
5. Why did David speak of "times" in the plural in v. 15? What is comforting about knowing our times are in God's hands?
6. How is Christ's resurrection the answer to this prayer? And how does Christ's resurrection give us hope, even when we are in very dark and painful seasons of suffering?

QUESTIONS FOR PRIVATE REFLECTION

1. Do I idolize earthly safety? Or am I resting in the true security that is found in God through Christ?
2. Am I drawing comfort from the fact that my times are in God's hands as I undergo trials or anticipate them in the future?
3. Meditate on v. 19. What is the abundant goodness God has stored up in the gospel for believing sinners?